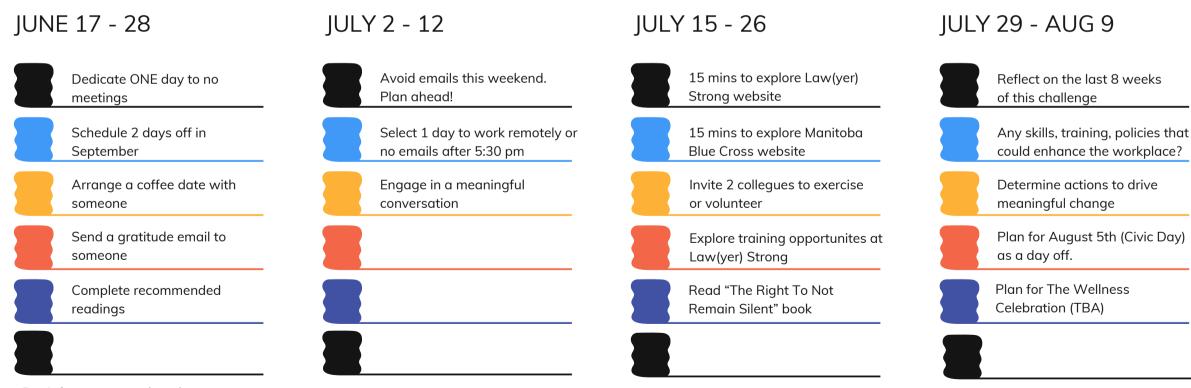
Wellness Challenge Tracker

Download this form and check off activities as you complete them to track your progress!



⁺ Don't forget to complete the survey